

SAMPLE PARENTING PLANS

Week-on/Week-off Schedule:

The alternating week(s) schedule has your child(ren) spend 1 week with one parent and the next with the other parent.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 3:00 PM	7
8	9	10	11	12	13 3:00 PM	14

Here's how this schedule looks in the calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 3:00 PM	7
8	9	10	11	12	13 3:00 PM	14
15	16	17	18	19	20 3:00 PM	21
22	23	24	25	26	27 3:00 PM	28

Variations to the week-on and week-off schedule:

You can pick any day of the week for the exchange. Here is the **exchange on a Wednesday**.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 3:00 PM	5	6	7
8	9	10	11 3:00 PM	12	13	14

Add a midweek visit

You can add a midweek visit to the other parent during the week. Here is a **midweek visit on Tuesday evening**.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 3:00 PM 8:00 PM	4	5	6 3:00 PM	7
8	9	10 3:00 PM 8:00 PM	11	12	13 3:00 PM	14

Add an overnight visit

You can add an overnight visit to the other parent during the week. Here is an **overnight visit on Wednesday with an exchange on Sunday**.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12:00 PM	2	3	4 3:00 PM	5 9:00 AM	6	7
8 12:00 PM	9	10	11 3:00 PM	12 9:00 AM	13	14

3-4-4-3 Schedule:

The 3-4-4-3 schedule is a 50/50 residential schedule that has your child(ren) stay with one parent for 3 days of the week, then the other parent for 4 days. The next week it switches, so the first parent has the child(ren) for 4 days and the other parent has the child(ren) for 3 days.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00 PM	2	3	4 3:00 PM	5	6	7
8 3:00 PM	9	10	11	12 3:00 PM	13	14

This is the 3-4-4-3 schedule shown in the calendar:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00 PM	2	3	4 3:00 PM	5	6	7
8 3:00 PM	9	10	11	12 3:00 PM	13	14
15 3:00 PM	16	17	18 3:00 PM	19	20	21
22 3:00 PM	23	24	25	26 3:00 PM	27	28
29 3:00 PM	30	31				

2-2-5-5 Schedule:

In the 2-2-5-5 residential schedule, your child(ren) is with one parent for 2 days, then 2 days with the other parent, followed by 5 days with the first parent, and 5 days with the second parent.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 3:00 PM	3	4 3:00 PM	5	6 3:00 PM	7
8	9	10	11 3:00 PM	12	13	14

This is the 2-2-5-5 schedule repeated in the calendar:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 3:00 PM	3	4 3:00 PM	5	6 3:00 PM	7
8	9	10	11 3:00 PM	12	13	14
15	16 3:00 PM	17	18 3:00 PM	19	20 3:00 PM	21
22	23	24	25 3:00 PM	26	27	28

2-2-3 Schedule:

In the 2-2-3 residential schedule, your child(ren) lives with one parent for 2 days of the week, spends the next 2 days with the other parent, and then returns to the first parent for 3. The next week it switches.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 3:00 PM	3	4 3:00 PM	5	6 3:00 PM	7
8	9 3:00 PM	10	11 3:00 PM	12	13 3:00 PM	14

This is how the 2-2-3 schedule looks in the calendar:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 3:00 PM	3	4 3:00 PM	5	6 3:00 PM	7
8	9 3:00 PM	10	11 3:00 PM	12	13 3:00 PM	14
15	16 3:00 PM	17	18 3:00 PM	19	20 3:00 PM	21
22	23 3:00 PM	24	25 3:00 PM	26	27 3:00 PM	28
29	30 3:00 PM	31				

Alternating Every 2 days schedule:

The alternating every 2 days schedule has the child(ren) alternate parents every 2 days.

This is how this schedule looks in the calendar:

